

Curriculum Vitae

Dr. Christina Vlahou was born in Washington, D.C., U.S.A. She is a graduate of the School of Psychology of the **Aristotle University of Thessaloniki**, Greece. After completion of her 4-year Bachelor's degree (**B.Sc.**), she worked as a research assistant at the Aristotle University of Thessaloniki participating in a European-funded research program in neuropsychology. A year later, she was accepted into a highly competitive 6-year joint doctoral program in **Clinical Psychology, Neuropsychology and Behavioral Neuroscience** at the Department of Psychology, **Georgia State University** in Atlanta, U.S.A., (<http://www2.gsu.edu/~wwwpsy/3250.html>) (acceptance rate 1/40), from which she received her Master's (**M.A.**) and Doctoral (**Ph.D.**) degree. Her doctoral dissertation examined dietary adherence in adolescents with inflammatory bowel disease (http://digitalarchive.gsu.edu/psych_diss/26). She maintained research and teaching assistantships and a full tuition waiver for the total duration of her graduate studies, and also received funding for her research and living expenses through grants and academic scholarships. During her graduate studies she conducted supervised clinical practica at the GSU Regents Center for Learning Disorders (<http://www2.gsu.edu/~wworld/>), the GSU Psychology Clinic for Therapy, Assessment, & Research (<http://www2.gsu.edu/~wwwpsy/clinic.htm>), and the Emory University Counseling Center (<http://studenthealth.emory.edu/>).

Following completion of her studies, she was accepted into a competitive one-year **clinical residency** program in **Medical Psychology** at the **Medical College of Georgia, U.S.A.** (<http://www.georgiahealth.edu/>). Her responsibilities included offering supervised psychotherapy, neuropsychological and individual/ family counseling services at a large medical center, including rotations at a general outpatient psychiatry clinic, an eating disorders program, the Augusta Multiple Sclerosis Center, the Medical College of Georgia Employee and Faculty Assistance Program, outpatient infectious disease program, an obstetrics and gynecology clinic, a geriatric rehabilitation unit, a spinal cord rehabilitation unit, a chronic pain unit, a post-traumatic stress disorder unit. Part of her residency was conducted at the Charlie Norwood Veteran Affairs Medical Center (<http://www.georgiahealth.edu/som/psychiatry/Psychology/index.html>). For the entire duration of her clinical training, she received individual and group supervision and frequent evaluations from licensed clinical psychologists. Over the course of her residency, she also participated on a weekly basis in seminars on Cognitive Behavioral Therapy, Problem-Based Learning, multidisciplinary treatment teams, and grand rounds of the Department of Psychiatry and Health Behavior (<http://www.mcghealth.org/behavioral-health/McgContentPage.aspx?nd=485>).

After living in the U.S.A. for a total of 13 years, she is now a permanent resident of Thessaloniki, Greece. Apart from practicing clinical psychology, counseling and neuropsychology in private practice, she maintains a position as a **counselor** for students, parents and educators in private secondary education.

She is also a **Psychology Post-Doctoral Fellow** at the Aristotle University of Thessaloniki, funded by a **3-year research grant from the European Commission** (Marie Curie International Reintegration Grant: <http://ec.europa.eu/research/fp7/understanding/marie-curieinbrief/back->

[europe_en.html](#)).

Her professional experience and activities include **teaching college-level introductory psychology, clinical neuropsychology and psychopharmacology** courses (**University of Macedonia: *Clinical Neuropsychology***; **Georgia State University: *PSYC1101-Introduction to Psychology, PSYC2050-Drugs and Behavior***). Also, **invited talks and seminars** (see "[Announcements and Actions Archive](#)"); **providing clinical supervision** to mental health professionals; and **authorship of psychology manuals and books** (see "[Recommended Literature and Websites](#)"). Her research activities include publications in peer-reviewed international and national scientific journals, conference presentations, and the composition of grant proposals to receive funding for her research from the EU. Finally, she is a **member** of several **Greek and international professional organizations** (see "[Professional Affiliations](#)").

She is married and has a daughter.